## STUDENT SPORTS — CONCUSSION, AND-HEAD INJURIES AND SUDDEN CARDIAC ARREST

The Board of Directors recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and other recreational\_activities. The boardBoard acknowledges that the risk of catastrophic injuries or death isare significant\_when a concussion or head injury is not properly evaluated and managed. Therefore, all competitive sport activities in the District will be identified by the administration.

Therefore, all competitive sport activities in the district will be identified by the administration and all appropriate district staff, coaches and team volunteers will complete training as required in Procedure 3422 to recognize warning signs and symptoms of concussion and head injury. Additionally, all coaches will comply with Washington Interscholastic Activities Association (WIAA) guidelines for the management of concussions and head injuries.

Consistent with Washington law, the <u>districtDistrict</u> will utilize guidelines developed with the <u>WIAA</u> <u>Washington Interscholastic Activities Association (WIAA)</u> and other pertinent information <del>and forms</del> to inform and educate coaches, youth athletes, and their parents/<u>and/or</u> guardians of the\_nature and risk of concussions or head injuries, including the dangers associated with continuing\_-to play after a concussion or head injury.\_

Annually, the district will distribute a head injury and concussion information sheet to all parents/ and-guardians of student participants in competitive sport activities. The parent/guardian and student must return a signed acknowledgement indicating that they have reviewed and understand the information provided before the student participates in any covered activity. Until this acknowledgement form is returned and on file with the District, the student may not practice or compete.

Prior to their first use of school facilities, all private nonprofit youth programs must provide a written statement of compliance with this policy in regard to concussion and head injury with proof of insurance as required by RCW 4.24.660.

## Sudden Cardiac Arrest

The Board of Directors further recognizes that sudden cardiac arrest is reported to be the leading cause of death in young athletes. The board will work with the WIAA and the University of Washington medicine center for sports cardiology to make available an online pamphlet that provides student athletes, their parents/guardians and coaches with information about sudden cardiac arrest. To this end, the district will maintain a link on its website to the OSPI website where the online pamphlet will be posted.

Annually, prior to participating in an interscholastic athletic activity, students and their parent/guardian must review the online pamphlet and return a signed statement to the school documenting their review. This form may be combined with the annually distributed head injury and concussion information sheet referenced above.

The board will also work with the WIAA and the University of Washington medicine center for sports cardiology to make available an existing online sudden cardiac arrest prevention program for coaches. Every three years, prior to coaching an interscholastic athletic activity, all coaches will complete the online program and provide a certificate of completion to the district.

All coaches, including volunteers, will complete training as required in the <u>districtDistrict</u> procedure.\_-Additionally, all\_coaches of competitive sport activities will comply with <u>Washington</u> <u>Interscholastic Activities Association (WIAA)</u> guidelines for the management of <u>sudden cardiac</u> <u>arresthead injuries and concussions</u>.

Cross References:	Board Policy 3412 Board Policy 3418 Board Policy 4260	Automated External Defibrillators Response to Student Injury or Illness Use of School Facilities	
Legal References:	RCW 4.24.660	Liability of school districts under contract with youth programs	
	Chapter 28A.600 RCW	Students	
Management Resource	•	2015 - June Policy Issue	
	2014 - August Issue		
	2009 - August Issue		

<u>Revision Date:</u> Adoption Date: September 28, 2009 Woodland School District #404